

ADDITUDE *Inside the ADHD mind*

ADHD Medication & Treatment

FREE DOWNLOADS

A Parent's Guide to ADHD Medications

This parent's guide to ADHD medications explains everything you need to know about the medication options available for your child, plus how to achieve optimal benefits and fix common side effects.

BY ADHD EDITORIAL BOARD

A Parent's Guide to ADHD Medications

Get this free guide to ADHD medications — understanding stimulants vs. non-stimulants, when to adjust dosage, and more. Plus, get more expert information on treating ADHD via email.

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The numbers tell the story: According to the Centers for Disease Control, 6.4 million children ages 4-17 have been diagnosed with ADHD. And according to the American Academy of Pediatrics, the most effective treatments are parental behavior therapy and/or ADHD stimulants for children over age six.

Experts know, from years of research and many studies, that stimulant medications are effective. They improve the core symptoms of ADHD — impulsivity, hyperarousal, and distractibility — in some 70-80 percent of the people who take them.

But as parents, we know the decision to medicate (or not) is an anguishing one made easier only with thorough research and evaluation. That is where this free download comes in.

Here, find expert explanations regarding how to:

A Parent's Guide to ADHD Medication

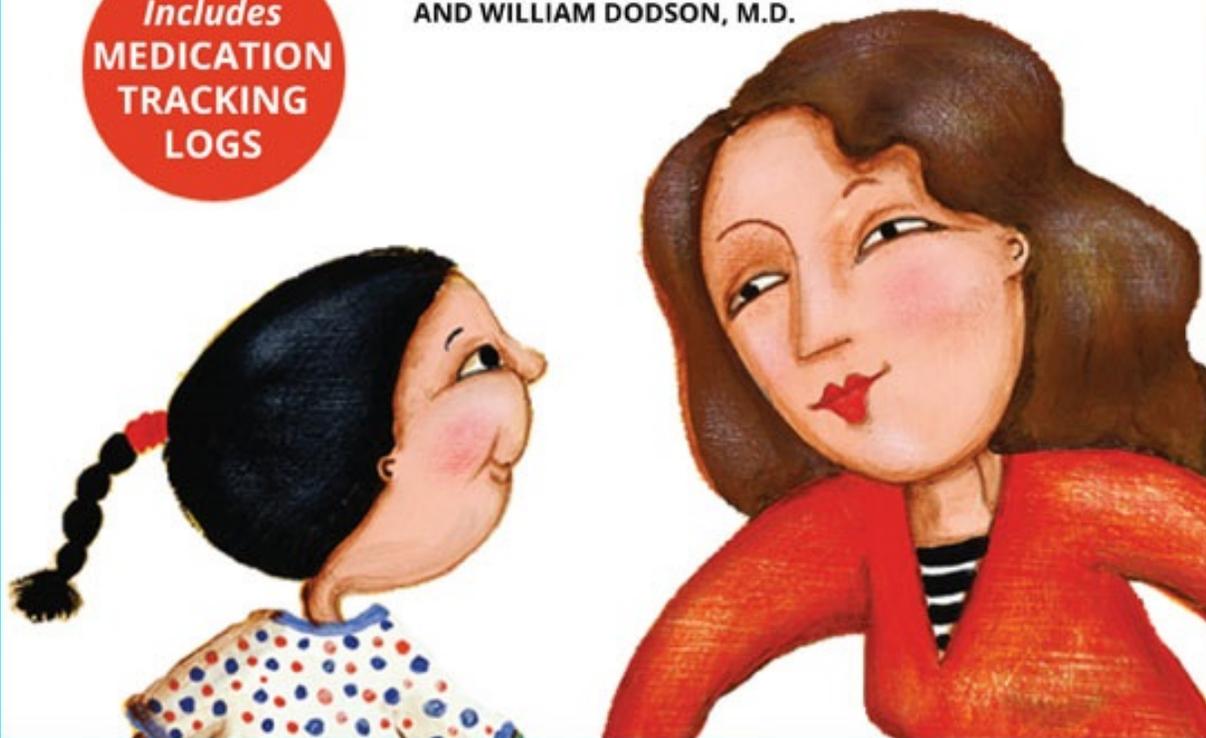
Everything you need to know about medication options for your child, achieving optimal benefits, and overcoming side effects.

BY THE EDITORS OF

ADDITUDE

WITH LAURIE DUPAR, PMHNP,
AND WILLIAM DODSON, M.D.

Includes
**MEDICATION
TRACKING
LOGS**



- Know if it's ADHD or a related condition
- Determine the right medication and dosage
- Monitor a medication's effectiveness
- Solve common medication problems — like side effects

- Understand the differences between stimulants and nonstimulants
- Work with your doctor to adjust medication or dosage

BONUS: Medication Chart

A breakdown of the most popular prescription medications used to treat ADHD — including formulation, compound, duration, and dosing considerations for each.

BONUS: Medications Savings Programs

Many parents worry about how they will afford their child's treatment. This chart has links to available discount offers.

BONUS: Printable Observation Logs

Tracking forms, created by Laurie Dupar, PMHNP, RN, PCC, to help monitor your child's response to treatment at school and at home.

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